## Elmsted with Hastingleigh

# Community News

St. James the Great

Elmsted





St. Mary The Virgin
Hastingleigh

May 2013 40p

#### THE UNITED WYE BENEFICE

Priest-in-charge Revd. Ravi Holy

The Vicarage, Wye

01233 812450

Ravi.Holy@wyebenefice.org.uk

Associate Priest Revd. Madi Strong

(with special responsibility The Vicarage, Hastingleigh

For the parishes of Hastingleigh, 01233 750260

Elmsted, Petham & Waltham) Madi.Strong@wyebenefice.org.uk

ST. JAMES THE GREAT, ELMSTED

Churchwarden: Mr Chris Jeffery 01233 750223

Hon. Secretary PCC: Mrs Ann Burton 01233 750430

ST. MARY THE VIRGIN, HASTINGLEIGH

Churchwarden: Mrs Roz Bacon 01233 750327

Hon. Secretary PCC: Mrs Selina Farnfield 01233 750450

PARISH WEBSITES

www.elmstedpc.kentparishes.gov.uk

www.hastingleighpc.kentparishes.gov.uk

**COMMUNITY NEWS** 

Editor Mrs Sheila Burrage 01233 750375

4. The Bowl Field, Hastingleigh

Advertising Manager Mrs Sarah Pell 01233 750296

Little Coombe, Hastingleigh

Closing date for material: 15th of the month prior to publishing via

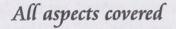
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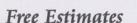












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and

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References available

ALSO:

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2013 Magic Evenings with Etienne Pradier only at The Timber Batts 20<sup>th</sup> March, 30<sup>th</sup> April, 22<sup>nd</sup> May, 19<sup>th</sup> June, 14<sup>th</sup> July, 27<sup>th</sup> August, 24<sup>th</sup> September, 29<sup>th</sup> October, 26<sup>th</sup> November



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and help us raise money for the

#### **Kent Air Ambulance**

7.00 for 7.30 pm In the Evington Hall

Only £7.50 per person (Bring your own wine)

Please let us know if you can come by Friday, 3rd May by contacting:

Mrs Jill Argar on 01233 75031 or Mrs Jean Bowes on 01233 811875 or Mrs Yvonne Helmer on 01233 750236



Kent Air Ambulance Trust saving time - saving life

## **ELMSTED CHURCH**

## LUNCHES & TEAS

Sunday 26th May

12 и00и—4ри

St James the Great, Elmsted

Competition

Make an animal using fruit and vegetables









Classes: - 8 & under, 17 & under, 18 & over

FOR SALE
Plants & Produce

By the FOURTUNERS

Come and enjoy a relaxing afternoon in a glorious, peaceful setting

#### **Evington Village Hall AGM 2013**

The Evington village hall committee held its AGM on Wednesday 20<sup>th</sup> March. Only nine members were present at the meeting. All officers were re- elected and remain the same as previous years with George Jessel being chairman, Chris Pell vice chairman, Sheila Burrage treasurer, and Sue Lawson secretary.

The treasurer presented the accounts for the last year, and since rents have remained the same for the last 5 years, it was decided that they needed to increase in order to keep up with the running costs of the hall. The committee has spent quite a lot of money on the hall recently, with a new security system following the theft of oil and the boiler, new stage curtains, and new decoration to the kitchen as well as general repairs.

The hall committee is made up of representatives from all the village clubs and societies that use the hall as well as representatives from our two villages. The committee is short of a few members and needs representatives from some of the groups that use the hall on a regular basis. These affiliated members then get a lower rental.

All the fund raising activities in the hall for 2012 such as the Christmas Bazaar, Christmas Concert and Jumble Sale were very successful and the committee is grateful to everyone who supports these events. All the money raised goes towards the running costs and the up keep of the hall and helps to keep the rentals at a very competitive rate. The committee looks forward to continued support from the community.

SL

## PLANT SALE

MONDAY 6<sup>th</sup> MAY

12.30 pm - 5.00

FOOTBALL FIELD HASTINGLEIGH

**EVERYONE WELCOME** 

WE JOIN THE SPRING FAIR THIS YEAR!

COME AND BUY LOTS OF LOVELY PLANTS SUPPLIED BY WILL DENNE

Please note change of date and venue

#### **ART AND CRAFT EXHIBITION**

In conjunction with the May Fair on May 6<sup>th</sup> the village hall will be open for our usual art exhibition.

If anyone would like to exhibit in any medium your contribution would be most welcome.

Please contact Val Kerry 01227 700843 or Sheila Burrage 01223 750375.

## The Bowl Inn

Hastingleigh

**May Bank Holiday Opening Times** 



Saturday 4th May:

Sunday 5<sup>th</sup> May:

Monday 6<sup>th</sup> May:

Tuesday 7<sup>th</sup> May:

Wednesday 8th May:

Midday until late

Midday until 9pm

Midday until late

Closed

5pm until late (Quiz night 8.30pm start!)

www.thebowlonline.co.uk

01233 750354

The Bowl Inn

**QUIZ NIGHT** 

Every Tuesday Night 8.30pm start, £3 per person Includes lovey sandwiches

#### FOOTPATH WALK - 14th April

The April walk, in glorious warm sunshine, the first day to reach over 20°C since September 2012, attracted 9 walkers. Our route took us down Tamley Lane as far as Brambledown and then across the fields to Hastingleigh Church. Here, we paused awhile before climbing up to Kingsmill Down - I swear that hill gets steeper every time I climb it. But the views across the valley to Hastingleigh and Bodsham are some of the best in Kent and make the climb worthwhile. We continued along the road towards Brabourne and then turned right to follow the North Downs Way out to New Barn. We had planned to walk the North Downs Way to Cold Blow, but we were advised by one our group that we might have to negotiate some deep water, so we chose to walk back via the main cross-roads at Folly Town. We walked a total of just under 4 miles and saw Celandines, Wood Anemones and a lot of Dandelions. The hedgerows were just breaking bud and in places there were some Hawthorn and Blackthorn leaves cautiously showing. We finished at Rayshalay for a welcome cup of tea.

RH



Hastingleigh Church from the footpath

#### **CHURCH SERVICES FOR ELMSTED & HASTINGLEIGH**

5 <sup>th</sup> May	9.30 Elmsted	11.00 Hastingleigh		
Rogation Sunday	Family Communion	Morning Prayer		
12 <sup>th</sup> May Sunday after Ascension	10.00 Family Service at Bodsham School			
19 <sup>th</sup> May Pentecost	10.30 Petham Pentecost Cluster Service			
<b>26<sup>th</sup> May</b> Trinity Sunday	9.30 Elmsted: Parish Communion (CW)	11.00 Hastingleigh: Holy Communion (BCP)		

#### PAROCHIAL CHURCH COUNCIL NEWS

There are important notices in the porches (St. Marys & St. James) regarding the reorganisation of the parishes of Elmsted, Hastingleigh, Petham & Waltham.

Rev. MADI STRONG is leaving us at the end of June. She will be greatly missed and a farewell party is being arranged. Her last service in the 4 "up the hill" parishes is on June 30th at Petham.

	CHURCH FLOWER AND CLEANING ROTA		
	St. Mary's Hastingleigh	St. James' Elmsted	
May 4th	Mrs Bacon	Mrs Hursey	
May 11th	Mrs Geering	Mrs Pearce	
May 18th	Dr & Mrs Lawson	Mrs Fox	
May 25th		Mrs Leutner	
Jun 1st	Mrs Young	Mrs Green	
Jun 8th	Mrs Bracher	Mrs Calcutt	
	Mrs Jerrom		



#### DATES FOR YOUR DIARY

Wed 1st	Coffee Morning	10.30am
Mon 6th	SPRING FAIR (on the football field) (Pages 13 & 17)	12.30pm
Tues 7th	Elmsted Parish Council Meeting (Page 22)	7.30pm
Fri 10th	WI Supper (Page 14)	7.00pm
Tues 14th	Hastingleigh Parish Council AGM (Page 23)	7.00pm
Sun 28th	ELMSTED CHURCH LUNCHES & TEA (Page 15)	S 12 noon

Note: All events at Evington Hall unless otherwise stated.

Parent & Toddler Group meet every Tuesday - 9.30am

Mobile Library every Wednesday 10.55am - 11.20am

Art Group meet on Thursdays 9.30am - 12.30pm

#### **SUNDAY TEATIME**

A chance to get together, to talk, to make and do something new, and to have a jolly good tea! Every fourth Sunday at 4.00pm in the Evington Hall. Run by the local church communities, with a request of £1 donation. However, the next

Sunday Teatime will be held at Elmsted church as part of their Lunches and Teas on 26<sup>th</sup> May (see separate advertisement). Come along from 12.00 and find out more about us! We'll have something for adults and children alike to do!

#### A Summary of Elmsted Parish Council Meeting in March

The potholes on the roads continue to be a problem. Whatsole Street and Dean area are still affected.

The Clerk asked the Council for volunteers to discuss and decide which quotation should be accepted for the improvement works to boundary lane, along with members of Hastingleigh Parish Council and Evington Youth and Community Project.

Two letters had been received regarding the wind turbine at Beech Tree.

The Financial Statement was approved.

All current applications have been circulated.

There was some discussion regarding the noise compliance of the wind turbine now that the appeal has been granted by the Planning Inspectorate. It was requested that David Monk be asked to attend the May meeting.

A vote of thanks was extended to Peter Francesconi for the snow ploughing in the bad weather.

The Clerk was asked to request the salt bins be refilled by Kent Highways.

There is an outbreak of dog waste being left on the verges in Bodsham. A bin was proposed, initially an article is to be placed in the magazine asking people to clear up after their dogs. The situation will be monitored.

Tuesday, 14th May 2013

**Evington Village Hall** 

7.00 pm

The Parish Meeting will include a presentation at 7.45pm from BIFFA about the New Recycling and Refuse collection services for residents of the Ashford Borough.

Andrew Wickham, County Councillor for the area will also be attending the meeting.

#### Please come along with any questions you may have!

As we are sure you are aware, Ashford's recycling and refuse collection services will be changing this summer following the signing of the joint agreement with Ashford, Maidstone and Swale Borough Councils and Biffa Municipal. The new services will begin in July 2013.

The improvements will include materials collected for recycling such as plastics, cardboard, and food and drink cartons in addition to separate collections of food waste, textiles and small electrical items. There will also be an optional (paid for) garden recycling collection service.

#### **EVINGTON GARDENERS**

'Medicinal herbs found in the garden: their use for common ailments', was the subject of an excellent talk given by Milena Moore at the meeting in March. In her introduction to herbal medicine, Mrs Moore spoke of its lengthy history - for thousands of years since the beginning of humanity - its widespread use in every tribe in every continent and how, until the late 19<sup>th</sup> century, it was the main form of medicine in Europe. Although 85% of the population worldwide still uses herbal medicine, orthodox medicine is now more prevalent in Europe and the West and common herbal knowledge has largely been lost in Britain. Mrs Moore explained that herbal medicine was better for chronic conditions and orthodox medicines better for acute conditions, with herbal medicine addressing the whole person, diet and lifestyle. The aim was to restore health, rather than to suppress symptoms, with the use of tinctures, extracts and herbs. Herbs were very different from drugs, not so forceful with a more rounded action and supporting the body with longer-lasting effects. The point was illustrated with the example of arthritis, the modern medical approach involving pain relief, steroids and joint replacement, and the herbal approach a change in diet and with herbs reducing inflammation, rebuilding tissue and improving circulation to joints.

The second part of Mrs Moore's talk involved discussion of the commonly grown herbs of parsley, sage, rosemary and thyme, but she also emphasised the value of weeds and wild plants such as dandelions, nettles, plantain, angelica, hawthorn, elder and dog rose. There were pictures of lettuce, for its sedative, cooling properties, rich in iron, and vitamins A and C: parsley, good for gout, arthritis and breaking down uric acid: cabbage, a good ulcer remedy and also good for arthritis, gout and rheumatic pain: strawberries, for vitamins C and B, minerals and antioxidants: onion, good for the lungs: lemon balm for mild depression: garlic, which promotes circulation and reduces cholesterol and heart disease: and elder, the flowers used for colds and hay fever and the berries for their anti-viral properties. Mrs Moore presented a thoroughly cogent and convincing case for herbal medicine and her talk was much enjoyed by members.

The new Season kicks off with the plant sale on 6 May as part of the Hastingleigh Spring Fair. There are planned outings to Great Dixter, Old Bladbean Stud and Palmstead Nursery, a BBQ in June, the Annual Show on 20 July and the Annual Supper on 20 September. A lot going on, so come along and join us! Further details can be obtained from me, Jane Pearce, on 01233-750382.

Moving on, I'm now fit as a flea though likely to be a bit weary. It all makes me realise how lucky I've been to have what is almost certainly a curative procedure. It makes me appreciate what patients with chronic disease (disease that can't be cured) have to go though. How can we as doctors help prevent these? Well some we can't, things like rheumatoid arthritis or Crohn's disease. Others we very much can, type 2 diabetes is almost exclusively the result of excessive weight gain, ischaemic heart disease almost exclusively related to smoking or high blood pressure and high cholesterol, both related to diet and the former related to obesity again.

With reference to my cancer diagnosis, how can we pick up cancer at an early stage when it is treatable? <a href="Qcancer.org">Qcancer.org</a> have developed an online calculator to assess risk of someone having cancer based on symptoms. This supports clinical acumen and is designed to aid early diagnosis. Feel free to use it but don't panic as age itself will be a risk factor even when there are no symptoms so don't expect zero risk. It is only one tool and far from fool proof, it assessed my risk as 0.09%! But it was not designed for cancers without symptoms of course. Where it can help is when you are worried about wasting our time. By the way, getting a reassuring outcome from a visit to us is not wasting our time. If you are worried about a health problem get it off your chest. Men are particularly bad at coming with problems for all sorts of complex reasons, macho ism, embarrassment, time. But that's partly why we don't live as long as women, we leave it too late.

I note with horror the entirely preventable measles outbreak in Wales. Measles s one of the most transmissible diseases. It is far from being a mild illness and some babies will die of it. Famously Roald Dahl lost a child to measles, I wonder how much the experience coloured his writing?

It is easy to fall into the trap of thinking that the old diseases have died out but they all prevail where vaccination levels fall. Ninety percent vaccination levels are required to suppress measles. If you missed vaccinating your child get the MMR vaccine as soon as possible, it's safety has been established now for some years and the autism scare has been well and truly disproved.

On a cheerier note, I am writing a show with Richard Morris which we hope to put on for charity this year.

AF

THE GUILD OF ST. JOHN OF BEVERLEY FOR THE DEAF

## ANNUAL SUMMER BARBECUE EVENT



Saturday 15<sup>th</sup> June 2013 Food served from 5pm – 8pm

Rayshalay, Hastingleigh

SUMMER RAFFLE ¤ BARBECUE ¤ GAMES

COME AND SPEND A RELAXED EVENING WITH FRIENDS

## BRING YOUR OWN DRINKS

Burgers, sausages, salads & desserts available

Spring might at last have arrived when you read this, reminding us of the season of new beginnings. On the world stage there have been new personalities too and in the Christian world we have seen the election of both a new Pope and a new Archbishop of Canterbury. Some of us were lucky enough to attend the enthronement of the new Archbishop, and it was a magnificent occasion. I think for me the most impressive thing was that, despite the pomp and ceremony, there was a strong sense of genuineness - if there is such a word.

The part of the service that I found most moving and challenging was right at the beginning when the new Archbishop having knocked at the door with his staff and been admitted was greeted by a young member of the Anglican Communion, who asked him some searching questions about himself and his purpose in coming to the cathedral. His answers were simple and challenging eg — 'I am Justin, a servant of Jesus Christ, I come as one seeking the grace of God, ... I come to serve you, to proclaim the love of Christ ... I come knowing nothing except Jesus Christ and him crucified, and in weakness and fear and in much trembling'. The young girl then invited him in saying 'Let us humble ourselves before God and together seek his mercy and strength'.

I didn't know at the time that the Archbishop had written the script for this part of the service, but that makes it even better. Amidst all the ceremony, we heard our new Archbishop clearly saying – I am a servant, I come to serve – not to be served.

This has been also the predominant theme of the early words and actions of the new Pope. He has, also among much ceremony and pomp, sought to convey his desire to be a leader in the mould of his Master – to be a servant (washing the feet of prisoners – Muslims, and women Muslim prisoners at that!) Celebrity is a funny thing. Both these leaders have roles which bring them status and inevitably a measure of celebrity. We followers have a responsibility to guard against putting them on a pedestal with unrealistic expectations. They need our prayers that God will help them continue to walk this sort of path with us. Likewise, there is a challenge to all of us about how we relate to leaders at school, work, church and social organisations – and how we handle inevitable differences in judgement ...

Ali Poole

#### HASTINGLEIGH WITH ELMSTED WI

Fourteen members met in Evington Hall on 4th April with Mrs Jill Argar presiding.

Forthcoming events were discussed and plans for our dinner night on Friday 10th May at 7pm finalised. Tickets still available at a cost of £7.50 for a three course meal, all proceeds towards Kent Air Ambulance. Please bring your own drinks and contact Mrs Argar on 01233 750311 or Mrs Bowes on 01233 811875 by Friday 3rd May if you would like to book a table.

Our speaker for the evening was Mr Robert Stitchbury to talk about "Hearing dogs for the deaf"

He told us about the history of the charity which was founded in the 1980s to assist the 7 million people in this country with hearing problems. By 1995 a professional training programme had been set up and a large house was donated at Princes Risborough near Aylesbury to train the dogs.

The best dogs for this purpose are a mixture of poodle and spaniel as they are intelligent and easy to train. Most puppies come from rescue centres or specially bred for the purpose. They are usually taken at two months old and put into family homes to become house trained sociable animals then taken to the training centre, a new one has also opened in York, and there they train with their recipient until able to fit into the individuals particular life style. A dog will indicate by touch that the phone or door bell is ringing and will not respond if another person's mobile phone goes off! Each dog is taught to respond by lying flat on floor if a fire alarm were to be activated as a warning signal to the owner.

Mrs Stitchbury, who is herself profoundly deaf, then spoke about her shock and distress when finding herself completely deaf over a period of a few weeks. No cause could be found and she now lip reads most effectively. She described the depression and isolation that deaf people often experience and was most eloquent in her description of a deaf person's life. Unfortunately they were not able to bring a working dog with them on this occasion but it was a very interesting informative talk.

Mrs Verhoeven then gave a report about the Annual Council meeting held in March.

Raffle won by Miss Steward, flower of the month won by Mrs George and the competition for a basket of planted bulbs won by Mrs Bowes.

Our next meeting will be our birthday meeting on 2nd May when we will having a meal at the Kneading Trough.

CC

Registered Charity: 283483

Park House, Stelling Minnis, Kent CT4 6AN Tel: 01303 862622 Fax: 01303 863007

Website: www.lordwhisky.co.uk ~ Email: lord.whisky@btinternet.com

#### Boot & Spring Fayre ~ Saturday 4th May

at Park House, Stelling Minnis CT4 6AN

Boots from 8am ~ Cars £6.50/Vans £10 (£6/£9.50 if pre-paid)

om oam dars 20.50/ vans 210 (20/25.50 mpre pa

 $Entertainment\ from\ 12\ noon\ -\ 3.30pm$ 

Hythe Town Concert Band ~ Layla Belly Dancing

Hawkinge Flyers ~ Anthea Barnes School of Dancing

Hot & Cold Refreshments ~ Raffles ~ Tombolas & more!

Admission by donation ~ Plenty of free parking

4th Annual Cyclo-Sportive

Bank Holiday Monday, 27th May

From 9am at Park House, Stelling Minnis

For further information, email: nickracingsnake@btinternet.com

Entry forms can also be downloaded from our website

Dog & Owners Fun Day & Boot Fair

Saturday 8th June at Park House

Boot Fair from 8am, entertainment and dog show from 12 noon

Display of vintage military vehicles

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Come and try our delicious Sunday Roasts

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**BUSINESS:** Board Meetings, AGMs, Dinners, Training, CPD, Christmas parties

FAMILY CELEBRATIONS: Civil Ceremonies, Wedding Receptions, Birthday Parties, Christenings, Anniversaries & Wakes

CLASSES: Pilates, Work-Out, Singing, Yoga + Piano Lessons & Beginners' Tennis Coaching.

**EVENTS: Open-Air Shakespeare; Plays; Yoga, Photography & Beauty Workshops; Christmas Fair and more: see website** 

Squash, Swimming (summer only)

Charlton Place, Canterbury CT4 5JA

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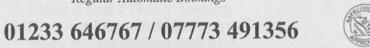
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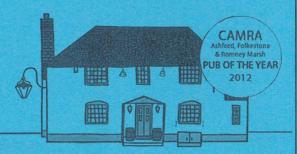
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LOCAL ORGANISATIONS					
Elmsted Parish Council	Clerk	Tracey Block 01233 750415			
Hastingleigh Parish Council	Clerk	Tracey Block 01233 750415			
Evington Hall (caretaker & booki (Treestumps, Elmsted)	Mrs Avis Ball 01233 750231				
Evington Hall Committee	Hon Sec	Mrs S Lawson 01233 750288			
Evington Community Project	Hon Sec	Mr D Farnfield 01233 750450			
Evington Gardeners' Society	Hon Sec	Mrs J Pearce 01233 750382			
Evington Players	Hon Sec	Mrs C Batcheller 01233 637955			
Art Group	Contact	Mrs V Kerry 01227 700843			
Footpath Walks	Contact	Mr D Harris 01233 813711			
Women's Institute	Contact	Mrs J Bowes 01233 811875			
Parent & Toddler Group	Contact	Mrs H Wade 01233 750032			
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