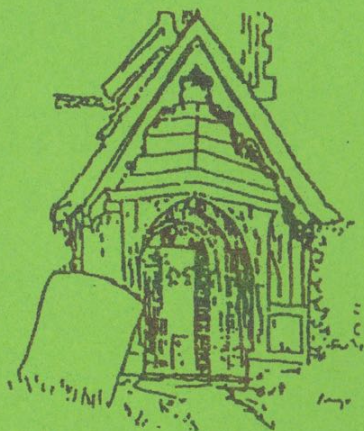


Elmsted with Hastingleigh

Community News

St. James the Great

Elmsted



St. Mary The Virgin

Hastingleigh

April 2012 *40p*



**Domestic
Installer
Scheme**



EDWARD YOUNG
**ELECTRICAL INSTALLATIONS &
SECURITY SYSTEMS**

Registered Electrician

Established over 30 years

All types of installation work carried out.

Fault finding & Repairs

Farm—Domestic—Commercial

Telephone: 01303 813654

Mobile: 07702 640237

Joy Gaitskell

Designer—Dressmaker
(based in Wye)

Bridal Wear, Curtains and Soft Furnishings
Professional Alterations

Do call to discuss your requirements

01233 811507

AFB ELECTRICAL LIMITED

Electrical Contractor



All electrical work undertaken

**Please contact:
Andy Burchell**

Tel/Fax: 01233 632424

Mobile: 07739 259953

E-mail: aburchell@afbelectrical.co.uk

Containerised Storage

available locally

Fully secure

Indoors or outdoors

Competitive rates

**Please phone 01233 812237 for further
details**

Chris Dryland **Property Maintenance**

*Decking~ concreting ~ sheds~ pergolas~ weatherboarding
Fencing ~ boundaries ~ minor electrical~ decorating~ guttering
small projects ~ large projects ~ emergencies
Most aspects of Household and Garden Maintenance
References available*

Also:
Tipis for hire
www.bighilltipis.co.uk

For reliable service tel. 01233 750350 or 07983 242787
e-mail chrisdryland@tiscali.co.uk

LOGS & FIREWOOD



**For Good Quality, Seasoned
Burning Wood**

**Ash or mixed logs (dry)
cut to order**

Ring John Austen

(01227) 700570

Ann Nichols **Bed and Breakfast**

Oak Cottage, Elmsted, TN25 5JT
A 17th century cottage in the heart of the lovely Kentish countryside

www.oakcottage-elmsted.co.uk
oakcottage@invictanet.co.uk

01233 750272
0777 5843743

Style Matters **design and print**

Brochures, programmes, fliers
Wedding and personal stationery
Proofreading and research services
Word processing
Colour/black and white printing, copying, scanning

Telephone: 01233 750425
e-mail: kerry.relton@googlemail.com
jill.relton@tesco.net

MICHAEL RUST
LETTERING AND CARVING STUDIO
Sculpture and carving in wood and stone.
Architectural lettering in stone, wood and engraved glass.
Memorials and inscriptions designed and cut in the finest hands

The Studio, Sycamore Barn, Tamley Lane
Hastingleigh, Ashford, Kent TN25 5HW
Tel: 01233 750305 Fax: 01233 750363
e: michael@studiorust.co.uk www.studiorust.co.uk

SIX MILE GARAGE and ACCIDENT REPAIR CENTRE

STONE STREET, STELLING MINNIS

CANTERBURY. CT4 6DN

www.sixmilegarage.co.uk

Telephone: Stelling Minnis 01227 709214/491

Fax: 01227 709331

- * Service and Repairs to Cars and Commercial Vehicles
- * Class 4 and 7 M.O.T Testing
- * Crypton Diagnostic Tuning Centre
- * Body Repair Centre
- * Car Sales
- * Collection & Delivery

Forecourt Petrol & Shop

Open 7 days a week



IMPACT PEST SOLUTIONS

Fully Qualified & Insured

RATS, MICE, WASPS, ANTS, BED BUGS, MOLES, BIRDS,
FLIES, FLEAS, SQUIRRELS, COCKROACHES, RABBITS

Web: www.impactpestsolutions.co.uk

Email: enquiries@impactpestsolutions.co.uk

Telephone: 01233 502623 or 07775183183

RICHARD LONDON & SONS

MILL FARM, BODSHAM, ASHFORD, KENT

07850739245

BUILDING AND GROUNDWORK
CONTRACTORS

DRIVEWAYS AND
PATHS IN TARMAC,
TAR AND GRIT,
GRAVEL,
BLOCKPAVE,
GRANITE CHIP AND
CONCRETE

ALL TYPES OF
FENCING SUPPLIED
AND ERECTED,
GATES, ARCHWAYS
AND GAZEBOS

COMPLETE LANDSCAPE SERVICE

ALL ASPECTS OF BUILDING WORK UNDERTAKEN FROM
EXTENSIONS TO NEW BUILDS, PLANNINGS AND DRAWINGS
DEALT WITH IF REQUIRED.

ALL TYPES OF EQUESTRIAN WORK UNDERTAKEN, STABLES
SUPPLIED AND ERECTED, SAND SCHOOLS, ARENAS AND
ROUND PENS.

HAY AND STRAW FOR SALE.

FULLY INSURED.

OVER 30 YEARS EXPERIENCE

Wye Beauty

- * Waxing - hot and warm wax
- * Facials
- * Body Massage
- * Aromatherapy
- * Electrolysis - 31 years experience
- * Red Vein, Skin Tag & Milia Removal
- * Manicures/Pedicures
- * Ear Piercing
- * Spray Tan - lasts up to 2 weeks
- * Microdermabrasion
- * I P L Hair Removal
- * Dermal Fillers
- * Semi-Permanent Makeup
- * Gift Vouchers Available

Established since 1984

Closed Mondays

29 Bridge Street, Wye

Tel: 01233 811550

www.wyebauty.co.uk

Mrs Robyn Gardener AABThC BABTAC
Fully experienced staff

PAINTING & DECORATING

DAVID FARNFIELD

FOR ALL YOUR DOMESTIC DECORATING NEEDS

INCLUDING SASH WINDOW RESTORATION

AND WALLPAPERING

FREE Estimates

Mob: 07710 130275

Tel: 01233 750450

Email: enquiries@davidfarnfield.com

www.davidfarnfield.com



General Builders and Property Maintenance



All aspects covered

Free Estimates

Glenn Young 01233 750520
Colin Blaskett 079 6885 3556



An Acupuncture Clinic at Wye Surgery
Wednesdays from 9.30am to 6.00pm

Please enquire if you suffer with any of the following conditions:
 Pain such as sciatica, back or neck ache, frozen shoulder and arthritis
 Digestive disorders such as IBS, chronic diarrhoea or constipation and bloating
 Gynaecological disorders such as PMT, irregular or painful cycles and menopausal symptoms

Supportive care during conception, pregnancy and/or induction

Stress, migraines and mood disorders

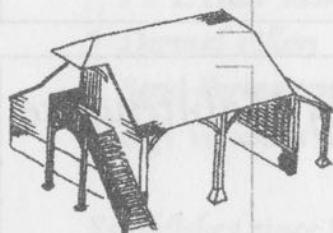
Hay fever, colds and flu

Home visits available

0844 387 8419 (appointments)

077 898 40676 (to contact therapist)

OAK FRAMED BUILDINGS



Houses, Garages, Conservatories & Sun-rooms,
 Extensions, Roofs. Design & Build or built
 from your own plans. Locally based, long
 established small company using trustworthy
 local craftsmen.

Michael Barnes

01233 812555 or 07740 870540

ALL CREATURES GREAT AND SMALL

House and pet sitting service

Dawn Busby

01233 714682 - 07942 045286

CRB Checked

Insured

Good References available

WYNCOT KENNELS
 and
CATTERY

(Hastingleigh)

FOR COMFORT AND PEACE OF MIND
WHERE A WARM CARING ATMOSPHERE
IS ALWAYS AT HAND

HEATED KENNELS AND CATTERY
FULLY LICENCED, FULLY TRAINED & CARING STAFF

SPECIAL DIETS CATERED FOR

*Set in 9 acres overlooking the picturesque Kent Downs, we have 3 large paddocks
 where the dogs are individually exercised and played with*

INSPECTION WELCOMED

(8.30 - 11.30) - (2.30 - 5.00)

7 days a week

Phone 01233 750323 for any further details



YOGA CLASSES

WALTHAM VILLAGE HALL

ON MONDAY EVENINGS

*Suitable for absolute beginners to experienced students;
 men or women and a wide range of fitness levels.*

Yoga will help with flexibility, stretching, relaxation and stress.

I ALSO OFFER A VARIETY OF MASSAGE TREATMENTS
to ease stiff joints, promote health and well being and for stress management.

(Fully qualified-ITEC/LCIC/Diploma in Yoga Teaching/Life Coach)

Phone or email for more information: Lynn 01227 700071/07913305175

lynn@saxby4.orange.co.uk

THE UNITED WYE BENEFICE

Priest-in-charge	Revd. Ravi Holy
	The Vicarage, Wye
	01233 812450
	Ravi.Holy@wyebenefice.org.uk
Associate Priest	Revd. Madi Strong
(with special responsibility	The Vicarage, Hastingleigh
For the parishes of Hastingleigh,	01233 750260
Elmsted, Petham & Waltham)	Madi.Strong@wyebenefice.org.uk

ST. JAMES THE GREAT, ELMSTED

Churchwarden:	Mr Chris Jeffery	01233 750223
Hon. Secretary PCC:	Mrs Ann Burton	01233 750430

ST. MARY THE VIRGIN, HASTINGLEIGH

Churchwarden:	Mrs Roz Bacon	01233 750327
Hon. Secretary PCC:	Mrs Selina Farnfield	01233 750450

PARISH WEBSITES

www.elmstedpc.kentparishes.gov.uk

www.hastingleighpc.kentparishes.gov.uk

COMMUNITY NEWS

Editor	Mrs Sheila Burrage	01233 750375
	4, The Bowl Field, Hastingleigh	
Advertising Manager	Mrs Sarah Pell	01233 750296
	Little Coombe, Hastingleigh	

Closing date for material: 15th of the month prior to publishing via

elmstedwithhastingleighnews@yahoo.co.uk

FROM WYE VICARAGE

By the time you read this, Holy Week will have begun and Easter will be imminent but as I write, we're still in the middle of Lent – which has gone very quickly for me this year; possibly because I haven't given anything up! But lots of Christians these days prefer to take something up for Lent instead and I have to admit this seems more sensible to me – for the same reason that I've never seen the point of New Year's resolutions: if you need to go on a diet, give up smoking or cut down on your drinking, do! And why wait 'til January or February?

Anyway, our Bishop (Trevor Wilmott) clearly feels the same way and the focus of the diocesan Lent course this year has been 'Finding Welcome': how can churches make themselves more welcoming to first-time visitors and potential new members?

This is an issue that people in Wye church have been concerned with – as in, taken seriously – long before I got here and that's probably one reason why we have such a good congregation. To give you some context, the average Sunday congregation was not much bigger at my last church in London which was in a parish of 8,000 people. So given that the population of Wye is less than 3,000, the church-going percentage is unusually high. But we can always do better...

That was one reason why we held our first Church Open Day recently. Even if you weren't able to come, you might have read about it in the Kentish Express or seen the report on ITV Meridian news with Fred and Sangeeta. The two big draws seemed to be my friend Gavin, the beatboxing vicar and the tower and belfry tours organised by our churchwarden David Ross with help from two of the students. Several people came from Ashford and even further afield to see Gavin and I was shocked by how many people wanted to get to the top of the tower (well over forty). The success of this event means we will almost certainly do something similar again and when the sun is shining, the tower tours will no doubt be even more popular.

But the doors of the church are always open (well, from 8 in the morning til dusk, anyway) and we want everyone in the village to feel that it belongs to them. That's why we're always delighted to host village meetings in the church or even events like Wye's Got Talent. And then, of course, we've got the Jo Brand/Richard Coles event coming up in May. While there will be a religious twist to this – Richard is a vicar, after all – Jo certainly isn't (!) and we very much hope that this event will appeal to non-churchgoers as well as our regular attenders. (There are still some tickets left but book now to avoid disappointment).*

And what does all this have to do with Easter? Well, Jesus was murdered by the religious authorities of his day for mixing with *everybody* in his community, including people that others considered 'undesirable': women, Samaritans, lepers. And he promised that when he was 'lifted up from the earth' – as we believe that he was on the first Easter Sunday – he would draw *all people* to himself. This all-inclusive welcome is at the very heart of the Christian proclamation and, we hope, at the heart of everything we do here in Wye Parish Church as well. So, whoever you are, may God bless you this Easter. And always.

Ravi

Footpath Walk – 11th March

Some 13 walkers set off from Smeeth to walk the Deer Park. Starting by taking a field route to Smeeth church where there was a brief stop to admire the wonderful millennium window and then across the road, past Joe Farm and then climb the steps into the park.

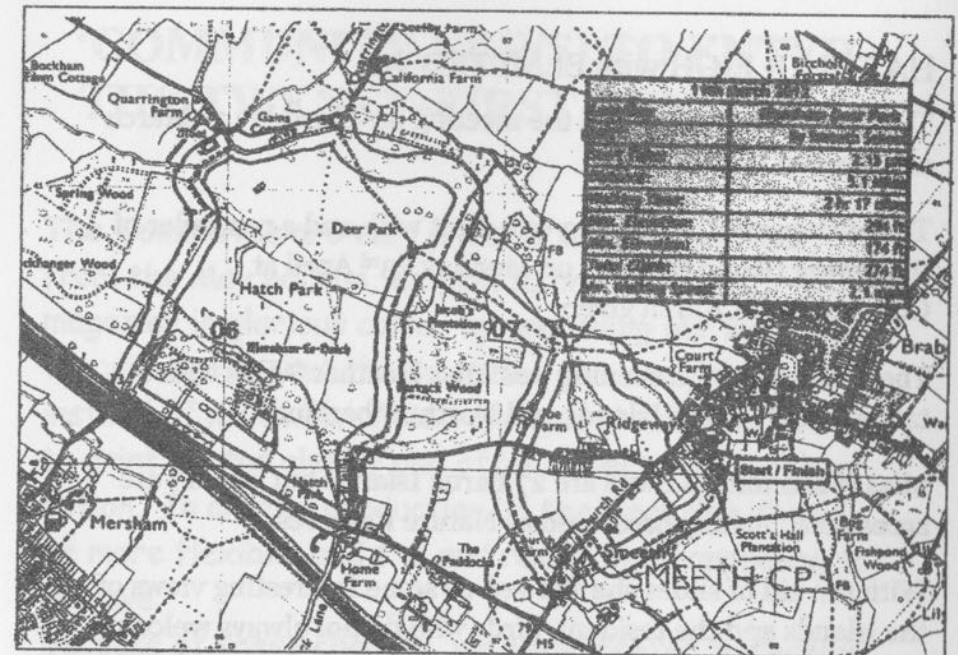
At this point we realised that several of the group had not been here before even though they had lived in the area for many years! After a lovely time wandering round the park and eventually seeing the elusive deer it was finally time to make our way back. Lord Brabourne's ancestors must have had great vision to create the park which gave such a wonderful view from his house Mersham Le Hatch.

With the weather being sunny and mild, and a really pleasant walk it made for a thoroughly enjoyable afternoon – finally rounded off by tea and cake at Bulltown! Thank you Helen for leading us.

Future Walks

As the second Sunday in April is Easter we have moved the walk to **April 15th**. We shall be leaving from the Duck pub in Duck Pitt Lane with leaders Jack & Christine Luck. Look out for information on a possible pre walk lunch/snack.

For the walk on **May 13th** Robin & Yvonne have arranged for us to join the afternoon walk of the Romney Marsh group starting at Evington Hall. The Marsh group are entertaining their French Walkers that day and we will be joining them after their lunch.



FROM THE EDITOR

First of all a big thank you from the treasurer for your prompt payment of subscriptions. Please note also that this month sees the renewal of our advertisers' contracts, we do thank them for their support as this helps to keep down the cost of the "news". Most of our regulars are still there but there are some new ones, so do take the time to have a look through the advertising section.

Selina Forefield

Chairwoman of the Romney Marsh Group

HASTINGLEIGH with ELMSTED WI

Twelve members attended the meeting on Thursday 1st March at Evington Village Hall.

The business of the evening was dealt with and a reminder of the Spring Group Meeting on Monday 23rd April at Godmersham Church given.

The speaker for the evening was Miss Heather Willis with a talk entitled "Farne Islands and Northumberland"

Miss Willis told us there are 27 Farne Islands but only 15 are accessible, mainly preserved as Nature Reserves.

With the aid of slides she showed us some interesting views of the islands and the resident birds who do not always welcome tourists, often bombarding walkers to keep them away from their nests. Miss Willis is a very keen photographer and will walk miles in the early morning just to catch a sunrise, which was of great benefit to us as an audience.

The flower of the month was won by Mrs Pearson with a lovely camelia.

Mrs Bowes won the competition for a bowl of flowering bulbs and the raffle was won by Mrs Rose.

Our next meeting will be Thursday 5th April and the speaker will be Mr John Keeble on "National Coast Watch"

The competition will for a Seaside Memento

Cheryl Crees

'COMMUNITY NEWS' TO ENTER THE TWENTY-FIRST CENTURY!

The Committee are very pleased to announce that, from the May edition, we plan to produce the magazine in glorious colour by upgrading our machine! We will also lay out the magazine on a computer instead of manually. These changes should enable us to print photos clearly and offer advertisers a colour option. In all, the production of the magazine should be more flexible, and the end result more appealing to the eye.

Because of these changes, we would prefer to receive your contributions by email, if possible, at our new, snappy magazine email address:

elmstedandhastingleighnews@yahoo.co.uk by 15th of each month. It would help us considerably if your contributions could be sent in A5 format, but please don't worry: all contributions, hand-written or otherwise, are always welcomed.

If you have any comments about the layout of the magazine, or ideas for future articles, please would you contact us as above or, if you prefer, send or hand your comments or contributions to our Editor, Mrs Sheila Burrage, 4 The Bowl Field, Hastingsleigh, TN25 5HT.

Selina Farnfield

Chairwoman of the Magazine Committee

ecp presents

A Fish and Chips Supper and

Film Night

SATURDAY 14th APRIL 2012

EVINGTON VILLAGE HALL

7.00 pm

Entry Free

Due to restrictions imposed by our license we are not allowed to advertise the name of the film in the Community News.

To find out more and to book your fish or sausage and chips and/or reserve your place please contact

Robin Helmer on 01233 750236
robin.helmer@btinternet.com

It is also possible to have "take-away" fish and chips, i.e. take them home and not watch the film, but you do need to order in advance

EVINGTON GARDENERS'

PLANT SALE

Wednesday, 2nd May

6.30 pm

EVINGTON HALL

Plants Supplied by Will Denne

Bedding plants, tomato, vegetable plants, etc

Everybody very welcome



EVINGTON HALL COMMITTEE

The last whist drive of the current season will be held on Friday 13th APRIL at 7.00pm. This will be a Charity whist drive in aid of the Kent Air Ambulance. If anyone would like to donate a prize Sheila Burrage or Avis Ball would be happy to receive them.

The Bowl Inn

On 15th February we heard the news that The Bowl inn, Hastingsleigh was awarded Pub of the Year 2012 for Ashford, Folkestone and Romney Marsh in the Campaign for Real Ale (CAMRA) competition.

The pub has now been put forward to compete with another 4 pubs to become the CAMRA East Kent Pub of the Year. The winner will compete with the CAMRA West Kent Pub of the Year to become CAMRA's National Pub of the Year.

The pub was selected based on criteria set by CAMRA which includes "atmosphere, decor, welcome, service, value for money, mix, but most importantly, the quality of the beer".

A special mention of the announcement is on the CAMRA website.

"Ron and Ann took over the Bowl Inn in 2004, cleaning and restoring the historic listed building, and making it once again a vibrant part of the community. There are three real ales available and the pub has been in the Good Beer Guide every year since 2007. Next door to the pub is Ron's Emporium, an antiques barn run by Ron and his son, well worth a look around when you go to visit".

Ron and Ann would like to thank the customers for their continued support.



E.C.P. PRESENTS

SPRING

FAIR

MAY 7th 2012

⚽ **FOOTBALL FIELD** ⚽

Hastingsleigh

12.30PM

Grand Spring Raffle

Village sports

Side Shows

Tombola

Cakes

Teas

B.B.Q

Bar

Go-Karts

And More

Art & Craft Exhibition

Evington Hall (from 2pm)

ALL PROCEEDS ARE USED TO DEVELOP AND SUPPORT ACTIVITIES FOR THE
COMMUNITIES OF HASTINGSLIGH AND ELMSTED

A DATE FOR YOUR DIARY....

THE GUILD OF ST. JOHN OF BEVERLEY FOR THE DEAF

ANNUAL SUMMER BARBECUE EVENT



Saturday 16th June 2012

Food served from 5pm – 8pm

Rayshalay, Hastingsleigh

SUMMER RAFFLE ■ BARBECUE ■ GAMES

**COME AND SPEND A RELAXED EVENING WITH
FRIENDS**

CHURCH FLOWER AND CLEANING ROTA

	Hastingsleigh	Elmsted
Apr 7 th – 14 th	Mrs Bacon Mrs Geering Mrs Jerrom	Mrs Healy Mrs Denny
Apr 21 st – 28 th	Dr and Mrs Lawson	Mrs Nichols Mrs Jakeman

How Many Blessings Have You Counted This Lent?

Hopefully many!

Any money you may wish to donate to Christian Aid can be paid direct on the form provided; but you could hand it to any member of the clergy, say by the end of April. Then we can rejoice in knowing how much we have raised in the benefice to help the poor and disadvantaged.

Alan Ramsay

Services Continued

In addition to the above, in Easter week there will be a service at **Waltham** at 8 pm on Maundy Thursday. On Good Friday, there will be a service at **Elmsted** at 12 noon for the First Hour and a concert at **Petham** at 2pm for the Third Hour (see separate notice for details). On Easter Day, there will be an Early Morning Service with Breakfast and Egg Hunt at **Waltham** starting at 7am; and at 9.30 am Holy Communion at **Elmsted** with an Easter Bonnet Parade and prizes!

Every Monday evening at 6.15pm: Celtic Prayer in the Vicarage, Hastingsleigh.

You are welcome to come for a cup of tea from 5.45pm, if you wish.

CHURCH SERVICES IN APRIL

St Mary the Virgin, Hastingleigh

Sunday 1 st Palm Sunday	11 am Holy Communion (BCP)	Revd M Strong
Saturday 7 th Holy Saturday	8 pm Benefice Vigil of Light HASTINGLEIGH	Clergy Team
Sunday 8 th Easter Day	11 am Holy Communion (CW)	Revd J Hewes
Sunday 15 th Easter 2	11 am Family Holy Communion	Canon A Ramsay
Sunday 22 nd Easter 3	11 am Holy Communion (CW)	Revd M Strong
Sunday 29 th Easter 4	10.30 am Benefice Service WYE	Revd M Strong

St James the Great, Elmsted

Sunday 1 st Palm Sunday	9.30am	Family Communion	Rev Dickie Cleveland
Sunday 8 th Easter Day	9.30am	Parish Communion	Rev Madi Strong
Sunday 15 th Easter 2	6pm	Sung Evensong	Rev John Hewes
Sunday 22 nd Easter 3	9.30am	Parish Communion	Rev Madi Strong

There will be midweek communion at St James' on
Wednesday 4th April at 9.30am

← cont..



DATES FOR YOUR DIARY

Wed 4 th	Coffee Morning	10.30 am
Thur 5 th	Women's Institute	7.30 pm
Tue 10 th	Hastingleigh Parish Council Meeting	7.45 pm
Fri 13 th	Whist Drive	7.00 pm
Sat 14 th	Film Show	7.00 pm
Sun 15 th	Footpath Walk	Duck Pub 2.00 pm
Tue 17 th	Gardeners' Society AGM	7.30pm
Mon 30 th	St John of Beverley AGM	8.00 pm
MAY		
Tue 1 st	Elmsted Parish Council	7.30 pm
Wed 2 nd	Coffee Morning	10.30 am
	Plant Sale	6.30 pm

Note:

All events at Evington hall unless otherwise stated
Parent and Toddler Group meet every Tuesday – 9.30 am
Art Group meet on Thursdays 9.30 am
Mobile Library every Wednesday 10.55 – 11.20 am

NEWS FROM WYE SURGERY

No matter how much you shake your peg.....

Yes, it's the men's turn this month; I thought I would pass on a few chestnuts of information about men's health. Chestnut is a very appropriate term as the prostate is roughly the size of said nut! The prostate is a small gland lying beneath the bladder and the drainage tube from the bladder, the urethra, runs right through it. Therein lies the problem.

The gland produces fluid that protects sperm but once that role becomes obsolete, it is a nuisance.

The prostate enlarges after the age of 50 and by 70, 8 in 10 men have enlarged prostates.

This leads to hesitancy in starting urination, poor stream and dribbling afterwards which is the most irritating element alluded to in the title.

You need not suffer in silence though, there are effective medications to ease this problem and it is much rarer that surgery is performed than it used to be. In fact, flomax (see what they did there?) is available over the counter now and can help these flow related symptoms.

Now what about that wretched drop that trickles down your clean stone coloured trousers? Well there is a simple remedy, look away now girls, this is not pretty. As we get older the urethra expands slightly behind the testicles and a few millilitres of urine remains there after urination. All you need to do is

reach behind your testicles and gently push upward to encourage these last drops to be released. OK, girls, you can look now. What about the urgent bladder? That is the one where you feel the need to pee and if you do not dash, out it comes en route. In urge incontinence there is instability of the bladder muscle leading to involuntary contractions. This is occasionally due to neurological problems such as stroke, Parkinson's disease, multiple sclerosis, dementia or spinal cord injury. It can sometimes be caused by local irritation due to infection or bladder stones but often there is no clear cause. If the above causes are ruled out, this too can be treated with medication, avoiding tea also seems to help.

What about prostate cancer? We get asked many times a month about prostate screening. There is no screening programme for prostate cancer and the reason for that is that there is not currently a really good screening test. The PSA test is currently used but it is not very specific and is raised in many enlarged but non cancerous prostates. Similarly, the most aggressive tumours do not produce PSA, so in these the test would be inappropriately normal.

About one in 12 men will develop prostate cancer but only 1 in 50 will die from it. This means that whilst some are cured with radical surgery or radiotherapy, the majority would not have died from it even if not treated. The result is that many men have the anxiety of the diagnosis for no useful purpose. Indeed the majority of over 80 year olds have small islands of prostate cancer in their prostate that will never cause illness.

I think you can begin to see the difficulties. The symptoms are no different from those of an enlarged prostate, mentioned above.

Those at risk are the elderly, those with a family history of prostate cancer, afro-Caribbean's, those with a high fat, low fruit and veg diet and those exposed to cadmium, a heavy metal. Diagnosis is initially by the PSA test with a rectal examination, then by a biopsy of the prostate via the back passage.

The biopsy is then viewed under a microscope and graded into a Gleason score, 2-6 is low grade, 7 intermediate and 8-10 high grade. Once graded, the most appropriate treatment is decided upon with the patient, low grade is often merely observed, intermediate and high is treated with surgery, cryotherapy, laser, high intensity ultrasound or radiotherapy unless there is evidence that the cancer has spread to the bones.

If the cancer has spread, it can still be effectively treated with hormone treatments because the cancer is very dependant on testosterone to grow and if we block testosterone production it stops growing. This treatment can contain the cancer for months or many years but is not a cure.

There are new developments on the way for prostate cancer treatment and not before time as it has been a bit of a Cinderella condition compared to the very active research into breast cancer. There will soon be a more accurate screening test, the PCA3 urine test, not yet freely available is more sensitive as 100 times more PCA3 is produced in the urine of those with prostate cancer than those with benign disease.

So that is it for another month, all together boys, hitch that perineum and let loose the last drops!

Please bear with us at the moment, an epidemic of flu like illness and vomiting bugs is upon us and appointments are stretched. The loss of appointments that comes with multiple bank holidays and Easter vacations for staff only compound the problem. We have though organised additional sessions to help

with the problem

Dr Allan Fox

IN THE GARDEN

The fine weather has brought forward the spring operations. The period of relatively dry weather has meant it has been possible to get ahead with those things neglected this winter.

Many shrubs have yet to sprout new leaves so there is still time to cut back the unruly plants to give them more shape and form. Tidy up the roses reducing the hybrid tea variety to 4 or 5 buds near the base and remove all the old shoots, particularly the dead bits. Similarly the standard roses; reduce the shoots to keep the head compact. Don't be shy, good clean cuts will benefit the plant.

Other shrubs like Cornus should be cut back now so they produce new shoots that provide the colourful branches for next winter.

Apply plenty of fertilizer, compost or horse manure as the pruned plants will require feeding to generate new growth.

If you haven't spread the compost then now is the time. Give the plants you have cut back a good feed this will encourage new growth. Spreading compost or a mulch helps to retain moisture in the soil.

There is still some time to split perennial plants in the border and many will benefit and grow more vigorously. I noticed this particularly with Phlox. A certain amount of care is needed but the benefit is worth it. Keep an eye out for slug damage they are fond of chopping off the new shoots as they appear. Spread grit on the emerging shoots of Hostas.

With the bulbs up one can see where they are and plan for increasing them next year or where to plant this years annuals. When they have finished flowering some can be moved, like snowdrops. In the green they call it, but wait until they have had time to put some life back into the bulb. Snowdrops and hellebores are a good combination.

There is plenty to do in the vegetable patch. If you haven't a large area try planting in small patches rather than rows and plant in succession.

Keep on top of the weeds, a few minutes each day as you walk the garden makes all the difference.

Always remember if you remove a lot of plant material from a plant you are removing fertility. You should always put this back if your garden is to flourish. This is no more true than with lawns. Weed and feed them now for a good show in the summer. It will also encourage the roots to grow deeper and make the lawn more resistant to drought.

SB

Poems written on Mothering Sunday in Church

The following poems were written by the congregation at a joint service to celebrate Mothering Sunday. They were written in a "consequence style", by passing round to different groups. The beginning of each line had to spell out Mother.

Mary Mother of God, pray for us
Often exhausted, they carry on
Tea time treats, her speciality
Hugs and kisses when we need them
Energetically making breakfast enthusiastically in the morning
Rabbits racing round in rings, thank you God for everything

Mothers are nice
Only Mothers can be Mums
Tails of lambs, daffodils in the breeze
Heart full of love for me
Everyone loves them, even us
Responding to our troubles

My Mum is a marvellous, magnificent muffin maker
Open our mouths to sing your praise
Tolerant at times!
However, apples are included too
Ever patient and loving
Reading stories at bedtime

Mummy is very good at looking after me
O so special and kind to us
They care for us through thick and thin
Helping with hopeless homework
Everyone is special
Roses are red, violets are blue, to all Mummies everywhere, we love you!

Mum is wonderful, super and great
Our love and joy
Terrific and tasty dinners, my Mum makes
Hear our prayer
Everybody needs a mother but not every woman can be one
Rounding off a poem is difficult to do but all the same, we love our Mums

SCHOOL NEWS

Safe Play surface

Bodsham School have entered a competition in the KM to win a Safe Play Surface for the school grounds. We have been short listed in the competition and we are now asking everyone to collect tokens that appear in the Kent Messenger every week from this week until the week ending April 20. There will be occasional bonus tokens too. Please encourage all friends and relatives to collect the tokens to help us win this competition. There are also second and third prizes. Tokens can be sent to the school office for collection or can be collected by Liz Flitney (01233 750547). Thank you in anticipation of your help!

Mrs E J Pettersen

Executive Headteacher

Bodsham CEP School and Saltwood CEP School

01233 750374

01303 266058

Dear Friends,

As you might know Dover Detainee Visitor Group runs a clothing store inside the Dover Immigration Removal Centre. Immigration detainees can request and get clothes from us for free. This service is run by volunteers and is obviously not for profit.

We are slowly running out of clothes and are making an appeal. If you have clothes for **adult males** that you can give away, please email us or phone me. I can send you an attachment or give you a hard-copy of an A4 poster to put up wherever you can.

Many thanks for your support.

Alan Ramsay - 813730
The Dover Detainee Visitor Group
www.ddvg.org.uk
Registered Charity No 1106667



FAURE REQUIEM FROM SCRATCH!

2 pm Good Friday

Petham church

Petham Church PCC welcomes Benedict Preece and East Bridge Chorale, which will be performing Faure's Requiem from Scratch at 2pm on Good Friday, as our Third Hour. Conductor: Benedict Preece; organist: Matthew Raisbeck.

Anybody who wishes to sing is welcome, and the single rehearsal is at noon, with a break between rehearsal and performance. The performance is at 2pm, with a retiring collection. The singing fee is £5, and music will be available if you have requested it in advance.

If you wish to sing, please let Geraldine Wyant know by email (Geraldine@kola18.demon.co.uk) as she is co-ordinating numbers.

Early morning service

7 am EASTER Day

Waltham

Waltham PCC will be holding an Early Morning Service on Easter Day at 7.00 am, including **BREAKFAST** and **EGG HUNT**.



SHOP AT THE MILL

Crafts, Gifts and Local Produce

Open weekends 10am - 4pm

Dear

On behalf of the Patrons of Crabble Corn Mill we would like to invite you and guests to the Grand Opening of the new "Shop at the Mill" on 7th April 2012 at 11am.

Dr Amanda Cottrell, OBE, JP, DL Patron of Produced in Kent and Chair of Visit Kent has kindly agreed to perform the opening ceremony, which will be followed by an informal reception with light refreshments and a chance to sample some of the produce on sale.

We are four local ladies who together with like minded people have been producing gifts, crafts, homemade jams, preserves and marmalades for sale over many years. Crabble Corn Mill have been very supportive of our endeavours and we are in return supporting their charity.

We look forward to seeing you at the event.

RSVP

Cheryl Crees
39 Church Hill
Shepherdswell
Kent
CT15 7NR

Godinton House & Gardens

Gardens now open for 2012, our first visitors enjoyed the delights of the orchids in the greenhouse and the stunning snow drops. We look forward to welcoming you to Godinton during 2012.

Don't forget you can buy a Garden Season Ticket for just £17.00, then you can enjoy the delights of Godinton throughout the year. See you soon.

Rachael

Spring Container Workshop – 28th April 9.30am – 12.30pm
Fun morning creating your own Summer garden in a pot.

Gardens Open Daily from 2pm – 5.30pm £5.00 (gardens only)
1st March to 1st November

House Open Friday, Saturday, Sunday and Bank Holidays from 6th April
2pm – 5.30pm £8.00 (house and gardens)
www.godinton-house-gardens.co.uk

Through Twitter, follow Godinton House & Gardens on @Godinton

For more information or to book, contact Rachael on 01233 643854
Should you wish to be removed from our mailing list, please let us know.

NEW Sewing Class with Clare Langdon – 28th March 10am – 3pm

Come along and make a peg bag, drawstring laundry bag and lined storage basket. Step by step guide, cutting fabric, sewing items and then take home the finished items.

Contact Godinton for booking form. For information on course content and equipment email Clare at clarelangdon@aol.com

NGS Garden Open Day – 1st April 2pm – 5.30pm
Supporting the work of the National Gardens Scheme
Tearoom open, no house tours.

NCCPG Plant Fair – 15th April 11am – 5pm
Supporting the National Council for the Conservation of Plants and Gardens.
Purchase a variety of plants from over 10 local nurseries.
Adult £5.00, Children under 16 free

Develop your Painting Style with local artist Kaidy Lewis A.V.A
Taking risks when painting flowers

Four week course – 20th April – 11th May

These courses are tailored for adults wanting to become more creative and confident when painting.

Contact Godinton for booking form. To view artist work visit www.notonthehighstreet.com and search KDLewisart. Contact Kaidy on 07733070396 or email kaidy.lewis@ntlworld.com

ONLY THREE PLACES REMAINING

In Aid of The Lord Whisky Sanctuary Fund

Registered Charity: 2843483

Park House, Stelling Minnis, Kent CT4 6AN Tel: 01303 862622 Fax: 01303 863007
Website: www.lordwhisky.co.uk ~ Email: lord.whisky@btinternet.com

Forthcoming events - come and join us!

Wine & Wisdom Fun Evening ~ Saturday 7th April

7.30pm at The Lord Whisky Tea Rooms, Rhodes Minnis

£7 per head - maximum of 6 players per team

Includes food and 2 bottles of wine (per table)

Please book your table on 01303 862349, 01303 862622
or 07599 030490

~

Easter Sunday Lunch ~ Sunday 8th April

at the Lord Whisky Tea Rooms, Rhodes Minnis

For further details and reservations, phone 01303 862349

~

Boot & Spring Fayre ~ Saturday 5th May

12 noon - 3.30pm at Park House, Stelling Minnis

Hythe Town Concert Band ~ Layla Belly Dancing

Hawkinge Flyers ~ Anthea Barnes School of Dancing

Hot & Cold Refreshments ~ Raffles ~ Tombolas & more!

Admission by donation ~ Plenty of free parking

Boots from 8am ~ Cars £7.50/Vans £10

~

3rd Annual Cycb-Sportive - Bank Holiday Monday, 4th June

From 9am at Park House, Stelling Minnis

For further information, email: nickracingsnake@btinternet.com

Entry forms can be downloaded from our website at

www.lordwhisky.co.uk

Visit the Lord Whisky Tearooms and Gift Shop

At Rhodes Minnis. Open every day 10am - 4pm. Tel: 01303 862349

Freshly prepared Breakfasts, Lunches, Teas and Snacks

Sunday Roasts ~ Friday Night Fish & Chip Supper (6pm - 9pm)

Home-made cakes, jams and marmalades to take home

Good Quality Bric-a-Brac and Lord Whisky Gifts

LOCAL ORGANISATIONS

Elmsted Parish Council	Clerk	Tracey Block 01233 750415
Hastingleigh Parish Council	Clerk	Tracey Block 01233 750415
Evington Hall (caretaker & bookings) (Treestumps, Elmsted)		Mrs Avis Ball 01233 750231
Evington Hall Committee	Hon Sec	Mrs S Lawson 01233 750288
Evington Community Project	Hon Sec	Mr D Farnfield 01233 750450
Evington Gardeners' Society	Hon Sec	Mrs J Pearce 01233 750382
Evington Players	Hon Sec	Mrs C Batcheller 01233 637955
Art Group	Contact	Mrs P Hewes 01233 750214
Footpath Walks	Contact	Mr D Harris 01233 813711
Women's Institute	Contact	Mrs J Bowes 01233 811875
Neighbourhood Watch	Hastingleigh	Mr G Block 01233 750415
	Elmsted	Mr J Argar 01233 750311

LEARN FRENCH LOCALLY

Any age, any level, day or evening
Individual or small group

Helen Hewson
Tel: 01233 750589



LETTINGS & PROPERTY MANAGEMENT

Telephone: 01233 813305
Email: wye.search@virgin.net



CHILHAM FEEDS

for all your Animal & Pet needs

Tel: 01227 731159



Wide variety - Friendly service - Reasonable prices - Large Stocks
For Horses, Dogs, Cats, Sheep, Goats, Pigs, Poultry, Rabbits, Birds, Fish etc.
Bedding - Vitamins - Supplements - Conditioners - Accessories

East Stour Farm, A28 Godmersham, Nr. Chilham, Kent.
(Alongside the main A28 Canterbury/Ashford Road - signposted East Stour Farm)

SARAH de ROUGEMONT
Upholstery

07973 377817
01227 455841



- Upholstered furniture and renovation
- Loose covers etc.
- All commissions considered

MARY HEMSLEY

INTERIORS

"the complete service"

- | | |
|--------------------|--------------|
| ■ Curtains | ■ Blinds |
| ■ Designer fabrics | ■ Wallpapers |
| ■ Tracks & Poles | ■ Upholstery |

Farrow & Ball Paint

design ideas and advice

01233 813717

150 Bridge Street Wye
Ashford Kent TN25 5DP



THE CHEQUERS INN

Fine food & a friendly welcome
CAMRA Pub of the Year 2011
Traditional Sunday carvery
Saturday night steak special
A La Carte menu Tuesday to Saturday

Stone Street, Petham CT4 5PW

Tel: 01227 700734

email: thechequersatpetham@hotmail.co.uk

S.C.S

Southern Cesspool Services

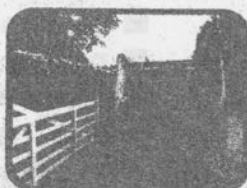
Cesspool / Septic Tank Emptying Service
For That Quality Service



All Types of Tanks Emptied

Septic Tanks/ Cesspool Tanks/
Treatment Plants

High Pressure Jetting of Drains/
Soakaways ETC



Regular Automatic Bookings



01233 646767 / 07773 491356

Card Payment Accepted



Web: www.southerncesspoolservices.com Email: info@southerncesspoolservices.com



Froggies AT THE TIMBER BATTS

School Lane, Bodsham, Kent TN25 5JL

Tel: 01233 750237

www.thetimberbatts.co.uk email: joel@thetimberbatts.co.uk

Closed Sunday nights & all day Mondays
All well-behaved dogs are welcome at the Timber Batts

New and extended bar menu

Menu du Jour (Tue-Sat lunch) - Two course £16 or Three courses £20.00

Sunday lunch menu - Two course £20.50 or Three courses £25.65

A La Carte available all week

2012 Magic Evenings with Etienne only at Froggies.

27th Mar, 17th Apr, 29th May, 26th Jun, 14th Jul, 25th Sep, 30 Oct, 27th Nov

Tree Surgery and Landscape Gardening Contractor

- * **Tree Work:** Pruning, shaping, removing, hedge cutting.
- * **Stump grinding and Wood chipping.**
- * **Hard Landscaping:** Patios, paths, garden walls etc.
- * **Soft Landscaping:** Lawns sown to seed or turf.
- * **Hedges planted**
- * **Composted wood chip mulch weed suppressant supplied in bulk by small tipper, discounts for quantity.**
- * **Full Public Liability Insurance, Environmental Agency Registered waste carrier.**

Toby Gardener
Beriscolt, Hastingsleigh



Tel: (01233) 750489

Mobile: 07831 473981

email: tandrgardener@btinternet.com



NEW PURPOSE BUILT PREMISES
OPEN 9am - 3pm
Monday - Friday, term time.
Breakfast & After School Club Available

- * For children aged 2-5 years old
- * Experienced, fully qualified staff.
- * Relaxed, friendly atmosphere where children learn through play.
- * Fabulous all-weather outdoor play area.
- * Creative and stimulating activities to help develop the physical, social and educational needs of every individual child.

*Find us just off Stone Street B2068
(in the grounds of Stelling Minnis Primary School)*

Children aged 3 or older may be entitled to up to **15 hours free** per week - please call us for more information.

To arrange a visit, book a place or for more information, please call:
Pre-School on 07900 964597 or Amanda Porter on 07786 192166
Email: admin@bossinghampreschool.co.uk
Website: www.bossinghampreschool.co.uk

The SMITHY
Two Bedrooms
Beamed lounge with wood burner
Fully equipped Kitchen
Bathroom
Enclosed garden

BODSHAM HOLIDAY LETS

01233 750042/07989 584801
info@bodshamholidaylets.com
www.bodshamholidaylets.com

The BARN
Two Bedrooms
Open lounge, diner and kitchen
Shower room



Park House Animal Sanctuary supported by the Lord Whisky Sanctuary Fund
(Registered Charity: 283483)

Come and Visit The Lord Whisky Centre, Rhodes Minnis
Tea Rooms and Gift Shop, open every day 10am - 4pm.
Delicious breakfasts, lunches, teas and snacks, freshly prepared on the premises.
Friday Evening Fish & Chips 6pm - 9pm.
We can cater for birthdays, christenings, wakes, business meetings etc.
Phone 01303 862349 for further information.

Veterinary Clinic for those on low income
Every Tuesday & Thursday 2pm - 3pm.

Send £10 (per annum) to become a Friend of the Sanctuary and receive our newsletters.
Come and join us at our Boot Fairs and Fun Days.

Responsible homes required for dogs, cats, horses, goats, pigs, rabbits, rats etc.

Fully Insured, Family Run Boarding Kennels and Cattery. Over 30 years experience.

For further details - Phone: 01303 862622. Email: lord.whisky@btinternet.com
Write to: Mrs M Todd, M.B.E. Lord Whisky Sanctuary Fund
Park House, Stelling Minnis, Canterbury, Kent CT4 6AN
or visit our website: www.lordwhisky.co.uk

G.A. WATTS

Electrical Installations

Approved Electrician

NICEIC DOMESTIC INSTALLER

New installations. Extra points. Complete rewires.
Appliance testing and electrical surveys.

Security lighting.
Specialist in sympathetic
Wiring for period properties.

For personal attention
And free estimates
(01227) 709376
(07973) 480241

ROZ BACON

Moonraker, The Street, Hastingleigh,

Ashford, Kent TN25 5HU

01233 750327 (ans)

roz.bacon@btinternet.com

BED & BREAKFAST

Roz is a qualified Guide to the City of

Canterbury and Cathedral Guide

Delightful rooms in a lovely village

af AJ Fortescue & Son Ltd BUILDERS & CONTRACTORS

NEW BUILD, EXTENSIONS,

ALTERATIONS,

REPAIRS, GROUNDWORK

Waterside Farm, West Brabourne,

Ashford, TN25 5NA

Tel 01303 813108

E-Mail:

office@ajfortescueandson.co.uk

Reena Platt

Sewing - repairs, alterations, curtains etc

Tel: 01233 811995

CLOCKS

*Antique and Treasured Clocks repaired, restored and serviced
also*

Clock Cases & Dials

Pocket Watches

Barometers & Barographs

Music Boxes, Gramophones & Phonographs

Free estimates—repairs guaranteed

Collection and delivery arranged

Please phone Hythe Workshop

07729177519 or 01303 252892

MW SERVICES

Aga and oil appliance repair and servicing specialists

- Professional & friendly service • Fully qualified
- No call out charge • Family Business



Serving Ashford, Folkestone, Romney Marsh and surrounding areas

01303 812907

TOP QUALITY
TUFTED TWIST CARPET
UNDER £20
INCLUDING FITTING!
SELECTA TWIST



80% PURE NEW BRITISH WOOL
ONLY £19.95SQM

carpets direct

01233 714999

Selecta House Charing Hill TN27 0NL
www.carpetdirectcharing.co.uk

Hardwood & Laminate
Showroom
Now Open!

ELIZABETH MILLER MSSCh MBChA

Chiropodist



TEL.
01233 750200

Home visits by appointment

BOSSINGHAM
GROUNDWORK & LANDSCAPING

EXCAVATION
CONCRETING
DRAINAGE
CAR PARKS
DRIVEWAYS
BRICKWORK



PATIOS
PONDS
TURFING
FENCING
PLAYGROUNDS
EQUESTRIAN ARENAS

M: 07894 007 660

W: 01303 890 704

WWW.BOSSINGHAMGROUNDWORKS.COM

RICHARD GILBERT PLUMBING & CENTRAL HEATING

Established 25 years

Oil & Gas Central Heating Specialist OFTEC & Gas Safe Registered
Landlord's Gas Safety Certificates.

Full central heating installations and systems updates, oil boiler and oil
tank installation and replacement, gas boilers, fires, cookers and hobs.

All Domestic Plumbing including Power flushing, unvented hot water
systems, bathroom and showers including tiling, hot water cylinders,
water softeners, sink, dishwasher and washing machine installations,
replacement radiators and thermostatic valves.

Telephone 01233812566

Mobile 07860 877836

**JOHN
BROWNING**

BUILDERS Ltd

Restoration & Extensions of Period Domestic Property
House Building and Conversions
Design and Planning Services

Prospect Farm House, Lees Road, Brabourne Lees, Ashford, Kent TN25 6QE

Directors: J.E. and C.M. Browning Bsc (Hons), MCIOB, MASI

Telephone: 01303 813459

VAT Registration No: 661 7887 90

aldingtonosteopathy

The Surgery, Goldwell Close, Aldington, Ashford, Kent. TN25 7DY.

Can provide effective treatment for many conditions including:

Back and neck pain

Sports injuries

Headaches

Trapped nerves

Arthritis

Shoulder pain

Sciatica

Whiplash

Knee problems

Ligament sprain

Also available specialist osteopathic clinics for:

Pregnancy related conditions

Cranial osteopathy for babies

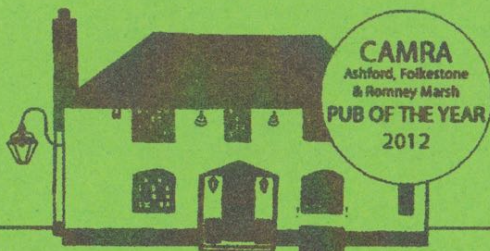
01233 720160

www.aldingtonosteopathy.com

**Ron's Emporium
& Sons**



THE BOWL INN FREE HOUSE



A FINE PUB AND AN ANTIQUES BARN AT HASTINGLEIGH, KENT

RON'S EMPORIUM & SONS

OPENING HOURS

(SATURDAY 11AM-5PM) (SUNDAY 11AM-5PM)

WE ALSO OPEN BY APPOINTMENT

WE BUY AND SELL ANTIQUES

HOUSE CLEARANCES OF ANY SIZE

**SPECIALISING IN ANTIQUES, FURNITURE, ARTS,
CRAFTS & THE UNUSUAL FOR OVER 30 YEARS**

THE BOWL INN, HASTINGLEIGH

OPENING HOURS

(TUESDAY 5PM-11PM) (WEDNESDAY 5PM-9PM) (THURSDAY 5PM-11PM)

(FRIDAY 5PM-LATE) (SATURDAY MIDDAY-LATE) (SUNDAY MIDDAY-9PM)

(CLOSED MONDAYS)

+ LOCALLY SOURCED ALES - CAMRA RECOGNITION 2007-2012

+ QUIZ NIGHT TUESDAY NIGHTS - 8.30PM START

+ LIVE MUSIC SATURDAY NIGHTS - 8.30PM START

+ BEAUTIFUL SANDWICHES & BAGUETTES - ONLY AT WEEKENDS

NO DOGS EXCEPT GUIDE DOGS

FOR MORE INFORMATION PLEASE VISIT WWW.THEBOWLONLINE.CO.UK OR CALL 01233 750354

Hastingleigh Garage

Motor Vehicle & Agricultural Engineer

MOTs, Welding

Vehicle bodywork repairs & spraying

Hastingleigh Yard, Hastingleigh, Ashford, Kent

Telephone 01233 750413